

				FLEUR RESTAURANT & BAR LEEDS - ALLERGEN - 2026										
	Gluten	Crustaceans	Egg	Fish	Peanuts	Soya	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur	Lupin	Molluscs
STARTERS														
LAMB CHOP	X (POTATO)					X (LABNEH)								
BUFFALO CAULIFLOWER	X					MAY CONTAIN				MAY CONTAIN				
CHARRED KING PRAWNS		X(PRAWN)						X (MAY CONTAIN)						
CRISPY JACK FRUIT WINGS	X					MAY CONTAIN					X(HUMOUS)			
CAJUN SWEET POTATOES FRIES						X(LABNEH)								
HALLOUMI FRIES	X					X	X							
CAMEMBERT TART	X						X	MAY CONTAIN		X				
DYNAMITE CHICKEN	X					X	X			X				
BRAVAS POTATO														
BBQ BEEF BRISKET BAO									X (BAO)					
DUCK SPRING ROLL	X (PASTRY)					X (SAUCE)					X (SAUCE)			
SMOKED SALMON BAO	X (BAO)			X (SALMON)					X (BAO)		X (SAUCE)	SAUCE		
CHICKEN BAO	X (BAO)		X (SAUCE)						X (BAO)		X (SAUCE)	SAUCE		
MAC AND CHEESE CROQUETTES	X (PASTA)						X (CHEESE)					X (SAUCE)		
YORKSHIRE PUDDING	X (YORKIE)		X (EGG)				X (YORKIE)		X (YORKIE)			X (SAUCE)		
GRILLED BROCCOLI						X(SAUCE)	X(SAUCE)							
JUST CHIPS	X(FRYER OIL)													
BRUNCH	Gluten	Crustaceans	Egg	Fish	Peanuts	Soya	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur	Lupin	Molluscs
ENGLISH BREAKFAST	X (BREAD,SAUSAGE)		X (EGG)				X (SAUSAGE)		X (SAUSAGE)			X (SAUSAGE)		
HALLOUMI BREAKFAST	X (BREAD)						X (HALLOUMI)							
AVACADO SMOKED SALMON TOAST	X(BREAD)	X(MAY CONTAIN)		X(CAVIER/SALMON)										X(CAVIER)
BEEF BRISKET BREAKFAST	X (BREAD)		X (EGG)											
LUNCH & DINNER	Gluten	Crustaceans	Egg	Fish	Peanuts	Soya	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur	Lupin	Molluscs
PRAWN LINGUINE	X (PASTA)	X(PRAWN)		X(PRAWN)		X (May contain)				X (May contain)		X (SAUCE)		
TOMATO COURGETTE LINGUINE VEGAN	X (PASTA)		X PASTA)											
CHICKEN NANZA			X (EGG)				X (CHEESE)		X (BREAD)		X (BREAD)			
KEEMA NACHOS	X (FRIED ONION)					X (LABNEH)	X (CHEESE)					X (SAUCE)		
CHICKEN BURGER	X		X (BUN)				X	X			X (BUN)			
BEEF BRISKET BURGER	X (BUN)		X (BUN)				X (CHEESE , BREAD)	X (MAY BUN)			X (BUN)			
HALLOUMI BURGER	X (BUN)		X (BUN)				X (CHEESE , BREAD)	X (MAY BUN)			X (BUN)			
BEEF HASH	FRIED ONION ,BREAD		X (EGG)									X (SAUCE)		
CRISPY CHICKEN PASTA	X (PASTA)		X (PASTA)				X (SAUCE)							
BROCCOLI PASTA	X (PASTA)		X (PASTA)				X (SAUCE)							
BUTTER CHICKEN MASALA	X(FRIED ONION)						X (SAUCE)							
HALLOUMI MASALA	X(FRIED ONION)						X (SAUCE)							
BAKED GNOCCHI	X(FRIED ONION)						X(SAUCE)							
DUCK LEG														
SIRLOIN STEAK	X (FRIED ONION)													
MISO SALMON				X (SALMON)										
CAULIFLOWER & CHICKPEA CURRY														
GNOCCHI TOMATO VEGAN														
DESSERTS	Gluten	Crustaceans	Egg	Fish	Peanuts	Soya	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur	Lupin	Molluscs
DUBAI FRENCH TOAST	X(BRIOCHE)		X(BRIOCHE)			X(BRIOCHE)	X(BRIOCHE)	X(BRIOCHE)						
CHCOLATE ORANGE BROWNIE						X		X						
TIRAMISU	X(TIRAMISU)		X(TIRAMISU)		X(MAY)		X(TIRAMISU)	X(MAY)		X(MAY)				
CHEESE CAKE	X(CAKE)					X(CAKE)	X(CAKE)	X(CAKE)						
PROFITEROLES	X(PROFITEROLES)		X(PROFITEROLES)		X(MAY)	X(PROFITEROLES)	X(PROFITEROLES)	X(MAY)						
STICKY TOFFEE			X(PUDDING)			X(PUDDING)	X(PUDDING)	X(PUDDING)						
BISCOFF FRENCH TOAST	X(BRIOCHE)		X(BRIOCHE)			X(BRIOCHE)	X(BRIOCHE)	X(BRIOCHE)						
KIDS MENU	Gluten	Crustaceans	Egg	Fish	Peanuts	Soya	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur	Lupin	Molluscs
PASTA CHEESE	X (PASTA)		X (MAY IN PASTA)				X (SAUCE)							
PASTA TOMATO	X (PASTA)		X (MAY IN PASTA)				X (CHEESE)							
CHICKEN CHEESE	X (FRIES OIL)						X (CHEESE)							
OTHER ITEMS	Gluten	Crustaceans	Egg	Fish	Peanuts	Soya	Dairy	Nuts	Celery	Mustard	Sesame	Sulphur	Lupin	Molluscs
PEPPER SAUCE	X (SAUCE)		X (SAUCE)				X (SAUCE)		X (SAUCE)					
GRAVY SAUCE	X(FRIED ONION)													
VEGAN ICE CREAM			X(MAY AS PER SUPPLIER)		X(MAY AS PER SUPPLIER)	X(MAY AS PER SUPPLIER)	X(MAY AS PER SUPPLIER)	X(MAY AS PER SUPPLIER)						
ICE CREAM							X							

PLEASE BE AWARE THAT OUR FOOD MAY CONTAIN OR COME INTO CONTACT WITH COMMON ALLERGENS, SUCH AS DAIRY, EGGS, WHEAT, SOYBEANS, TREE NUTS, PEANUTS, FISH, SHELLFISH OR WHEAT. REMOVING ALLERGEN ITEMS FROM DISHES DOESN'T GUARANTEE ALLERGEN FREE IT MINIMISES THE RISK INVOLVED . WE POLITELY INFORM IF IT'S A LIFE THREATENING ALLERGY WE CANT BE HELD RESPONSIBLE FOR THE CHOICE YOU MAKE .